

Auswahl wissenschaftlicher Publikationen zu YAM (Stand: September 2026)

Empirische Studien

- Ahern, S., Burke, L.-A., McElroy, B., Corcoran, P., McMahon, E. M., Keeley, H., Carli, V., Wasserman, C., Hoven, C. W., Sarchiapone, M., Apter, A., Balazs, J., Banzer, R., Bobes, J., Brunner, R., Cosman, D., Haring, C., Kaess, M., Kahn, J.-P., ... Wasserman, D. (2018). A cost-effectiveness analysis of school-based suicide prevention programmes. *European Child & Adolescent Psychiatry*, 27(10), 1295–1304. <https://doi.org/10.1007/s00787-018-1120-5>
- Barzilay, S., Apter, A., Snir, A., Carli, V., Hoven, C. W., Sarchiapone, M., Hadlaczky, G., Balazs, J., Keresztesy, A., Brunner, R., Kaess, M., Bobes, J., Saiz, P. A., Cosman, D., Haring, C., Banzer, R., McMahon, E., Keeley, H., Kahn, J.-P., ... Wasserman, D. (2019). A longitudinal examination of the interpersonal theory of suicide and effects of school-based suicide prevention interventions in a multinational study of adolescents. *Journal of Child Psychology and Psychiatry*, 60(10), 1104–1111. <https://doi.org/10.1111/jcpp.13119>
- Deighton, J., Hayes, D., Thompson, A., March, A., Thornton, E., Santos, J., Patalay, P., Mansfield, R., Deniz, E., Knowles, C., Humphrey, N., Stallard, P., Ashworth, E., Moltrecht, B., Nisbet, K., Mason, C., Stepanous, J., & Boehnke, J. (2026). School-based intervention study examining universal approaches for depressive symptoms and mental health literacy of pupils in Year 9 in England (AWARE): Multi-school, parallel group, cluster randomised controlled trial. *The British Journal of Psychiatry*, 1–10. <https://doi.org/10.1192/bjp.2026.10667>
- Kahn, J.-P., Cohen, R. F., Tubiana, A., Legrand, K., Wasserman, C., Carli, V., Apter, A., Balazs, J., Banzer, R., Baralla, F., Barzilay, S., Bobes, J., Brunner, R., Corcoran, P., Cosman, D., Guillemin, F., Haring, C., Kaess, M., Mars Bitenc, U., ... Wasserman, D. (2020). Influence of coping strategies on the efficacy of YAM (Youth Aware of Mental Health): A universal school-based suicide preventive program. *European Child & Adolescent Psychiatry*, 29(12), 1671–1681. <https://doi.org/10.1007/s00787-020-01476-w>
- Knowles, C., Thornton, E., Panayiotou, M., Hayes, D., Thompson, A., Deighton, J., Santos, J., Mason, C., Ashworth, E., Mansfield, R., March, A., Stallard, P., & Humphrey, N. (2026). Complete delivery matters: Multilevel complier average causal effect analysis of universal mental health curricula in two randomized controlled trials in U.K. schools. *Journal of Consulting and Clinical Psychology*, 94(5), 267–280. <https://doi.org/10.1037/ccp0000997>
- Lindow, J. C., Hughes, J. L., South, C., Gutierrez, L., Bannister, E., Trivedi, M. H., & Byerly, M. J. (2020). Feasibility and acceptability of the Youth Aware of Mental Health (YAM) intervention in US adolescents. *Archives of Suicide Research*, 24(2), 269–284. <https://doi.org/10.1080/13811118.2019.1624667>

- Lindow, J. C., Hughes, J. L., South, C., Minhajuddin, A., Gutierrez, L., Bannister, E., Trivedi, M. H., & Byerly, M. J. (2020). The Youth Aware of Mental Health intervention: Impact on help seeking, mental health knowledge, and stigma in U.S. adolescents. *Journal of Adolescent Health*, 67(1), 101–107. <https://doi.org/10.1016/j.jadohealth.2020.01.006>
- McGillivray, L., Shand, F., Caelear, A. L., Batterham, P. J., Rheinberger, D., Chen, N. A., Burnett, A., & Torok, M. (2021). The Youth Aware of Mental Health program in Australian secondary schools: 3- and 6-month outcomes. *International Journal of Mental Health Systems*, 15(1), Article 79. <https://doi.org/10.1186/s13033-021-00503-w>
- Stapley, E., March, A., Mansfield, R., Ashworth, E., Burrell, K., Thompson, A., Ravaccia, G., Deighton, J., & Hayes, D. (2026). A qualitative study of school staff experiences of implementing five universal mental health interventions in England. *Contemporary School Psychology*, 30, 243–259. <https://doi.org/10.1007/s40688-025-00574-3>
- Stapley, E., Mansfield, R., March, A., Burrell, K., Hayes, D., Ashworth, E., & Deighton, J. (2026). A qualitative investigation of children and young people's experiences of three universal classroom-based mental health literacy interventions in England. *Contemporary School Psychology*. Advance online publication. <https://doi.org/10.1007/s40688-026-00611-9>
- Trivedi, M. H., Nandy, K., Mayes, T. L., Wang, T., Forbes, K., Anderson, J. R., Fuller, A., & Hughes, J. L. (2022). Youth Aware of Mental Health (YAM) program with Texas adolescents: Depression, anxiety, and substance use outcomes. *The Journal of Clinical Psychiatry*, 83(4), Article 21m14221. <https://doi.org/10.4088/JCP.21m14221>
- Wasserman, C., Hoven, C. W., Wasserman, D., Carli, V., Sarchiapone, M., Al-Halabí, S., Apter, A., Balazs, J., Bobes, J., Cosman, D., Farkas, L., Feldman, D., Fischer, G., Graber, N., Haring, C., Herta, D. C., Iosue, M., Kahn, J.-P., Keeley, H., ... Poštuvan, V. (2012). Suicide prevention for youth – A mental health awareness program: Lessons learned from the Saving and Empowering Young Lives in Europe (SEYLE) intervention study. *BMC Public Health*, 12, Article 776. <https://doi.org/10.1186/1471-2458-12-776>
- Wasserman, C., Postuvan, V., Herta, D., Iosue, M., Värnik, P., & Carli, V. (2018). Interactions between youth and mental health professionals: The Youth Aware of Mental health (YAM) program experience. *PLOS ONE*, 13(2), e0191843. <https://doi.org/10.1371/journal.pone.0191843>
- Wasserman, D., Hoven, C. W., Wasserman, C., Wall, M., Eisenberg, R., Hadlaczky, G., Kelleher, I., Sarchiapone, M., Apter, A., Balazs, J., Bobes, J., Brunner, R., Corcoran, P., Cosman, D., Guillemin, F., Haring, C., Iosue, M., Kaess, M., Kahn, J.-P., ... Carli, V. (2015). School-based suicide prevention programmes: The SEYLE cluster-randomised, controlled trial. *The Lancet*, 385(9977), 1536–1544. [https://doi.org/10.1016/S0140-6736\(14\)61213-7](https://doi.org/10.1016/S0140-6736(14)61213-7)
- Zhang, K., King, D., Boehnke, J., Deighton, J., Thompson, A., Thornton, E., Knowles, C., Hayes, D., Stallard, P., Santos, J., Ashworth, E., & Evans-Lacko, S. E. (2026). Cost-effectiveness of school-based interventions for well-being and mental health literacy of pupils in year 9 in England: AWARE cluster randomised controlled trial. *BJPsych Open*, 12(4), Article e155. <https://doi.org/10.1192/bjo.2026.11015>

Studienprotokolle

- Wasserman, D., Carli, V., Wasserman, C., Apter, A., Balazs, J., Bobes, J., Bracale, R., Brunner, R., Bursztein-Lipsicas, C., Corcoran, P., Cosman, D., Durkee, T., Feldman, D., Gadoros, J., Guillemin, F., Haring, C., Kahn, J.-P., Kaess, M., Keeley, H., ... Hoven, C. W. (2010). Saving and Empowering Young Lives in Europe (SEYLE): A randomized controlled trial. *BMC Public Health*, 10, Article 192. <https://doi.org/10.1186/1471-2458-10-192>
- Harris, L. K., Heinrichsen, M., Petri, M., Elberling, H., Forman, J. L., Nordentoft, M., Erlangsen, A., & Morthorst, B. R. (2026). Youth Aware of Mental Health for Danish school adolescents: Study protocol for a cluster-randomized feasibility pilot trial. *International Journal of Methods in Psychiatric Research*, 35(1), Article e70064. <https://doi.org/10.1002/mpr.70064>